

All classes held at the Battell Community Center. For pre-registration and more information contact the Mishawaka Parks Office at 574.258.1664

# **HEALTHY LIVING**

### Session Date Time

Tuesdays

Jan.15-March 26 6:30-7:00 pm

Join the Let's Move and Mishawaka Parks staff in a session on healthy living. Each class will follow the Let's Move Zumba class. A healthy snack will be provided.

# START HEALTHY EARLY

# Session Date Time

Starting January 14th 7:00-7:45 pm

Following classes are the 7:00-7:45 pm 2nd Monday each month

It's never too early to start thinking healthy and being healthy in your everyday life! Class is open to all children and their families!

### **ZUMBA**

#### Session Date Time

Tuesdays

Jan. 15-March 26 6:00-6:30 pm

Join the Zumba party at the Battell Center! It's an easy and fun way to get in shape!

# **BATON TWIRLING I**

#### Session Date Time

Thursdays

Jan.17-Feb. 21 5:00-6:00 pm

Thursdays

Feb. 28-March 28 5:00-6:00 pm

Children ages 5-7 may attend this class. Baton twirling fundamentals, basic twirls, marching, and preparation for performing will be taught in this beginner session.

# **BATON TWIRLING II**

#### Session Dates Time

Thursday

Jan. 17-Feb. 21 6:00-7:30 pm

Thursday

Feb. 28-March 28 6:00-7:30 pm

Children ages 8 and up may attend this class. Children will learn routines and prepare for performances with a parade corps.

Classes are free for children of ALL ages! Come for just one or two classes, or every week!